



March 2019

SQUAD SPOTLIGHT



Blackwater Volunteer Rescue Squad

When was your squad founded and can you tell me a little bit about the history?

Founded in 1958, the Blackwater Volunteer Fire Department provided fire coverage to the southern residents of Princess Anne County near the North Carolina border. In the early days of the department, the members met at Blackwater Baptist Church. In 1964, the department moved to a building that also served as a community center. As the need for emergency medical services developed in the southern part of what became the City of Virginia Beach, the organization purchased its first ambulance and changed the name to the Blackwater Volunteer Fire Department and Rescue Squad. Eventually, after the fire department became a city service, we became the Blackwater Volunteer Rescue Squad.

What area is your squad's first due?

Blackwater provides EMS coverage north along Blackwater Road to the Pocatoy River, west of Blackwater Road up to the border of Chesapeake, east to the North Landing River, and south to the Northwest River by providing mutual aid in North Carolina.

Who is your longest serving squad member?

John "Bob" Jasinowski (nearly 22 years)

What event does your squad attend or host that you're most proud of?

We provide EMS services and an ambulance show & tell for the Annual Saving Kids Dreams/Unplugged Youth Event at the Military Aviation Museum. We also assist Princess Anne Courthouse Rescue Squad with the Pungo Strawberry Festival.

What is a fun fact about your squad?

Before each business meeting formally begins, we discuss things that uniquely concern the residents of Blackwater – hunting, horses, 4-H, and livestock. It's not your typical business meeting socialization

What color are your ambulances?

Currently, burgundy and white. (The new ambulance design has not been finalized.)

Do you have any ATV carts?

No

SQUAD APPRECIATION DAYS

We're trying a new member appreciation and marketing effort for 2019. Instead of a couple large events, we're going to do a number of smaller appreciation activities. The biggest effort will be our Squad Appreciation Days. On a regular basis we plan on opening the EMS Building up to the public and members alike. Classes will be available for Stop the Bleed, Hands Only CPR, etc. A different rescue squad (MRT included) will be featured each time. That squad will have an ambulance (or boat) on site as well as any type of display they desire.

Anyone present at noon will be provided a free lunch. Duty ambulance crews will be cycled through for lunch as well. Even more exciting, we will have some type of treat available in the parking lot (i.e. cupcakes, snow cones, etc). Any member of any squad can come by with their families for a free treat while supplies last. This isn't restricted to the featured squad—feel free to drop by.

Upcoming appreciation dates are:

March 23rd - Courthouse

April 27th – Chesapeake Beach

Please spread the word to your friends and neighbors about these dates. We're trying to market/recruit as well as show our appreciation for your volunteer service. This is a great excursion for a Scout Troop or other youth group. It's also a great chance to grab a free treat for the kids without much effort.

If you have any questions, please contact Katelyn Snell via email - katsnell@vbgov.com.

Stay safe and have fun out there!

Chief B

“EVMS is helping plan the 2019 MedWar (Medical Wilderness Adventure Race). It is a unique event that combines wilderness medical challenges with the growing sport of adventure racing. The race was developed as a tool for teaching and testing the knowledge, skills, and

MID-ATLANTIC
MEDWAR
MEDICAL WILDERNESS ADVENTURE RACE

MARCH 23 ■ NEWPORT NEWS PARK
13560 Jefferson Avenue, Newport News, VA 23603

Teams of three will mountain bike, canoe, and orienteer while navigating to checkpoints containing wilderness medicine scenarios and questions.



Registration includes:

- Canoe rental
- Event shirt and water bottle
- Optional camping Friday night (email if interested)
- Race admission
- Post-race celebration event and meal
- CME/CE credits

Fees:
\$150 early bird team pricing
\$165 per team after Feb. 22

Register at www.medwar.org/reg-midatlantic
viriniamedwar@gmail.com





techniques of wilderness medicine, and for promoting teamwork and collegiality among competitors. MedWAR is sanctioned by North American Educational Adventure Racing (NAEAR). Members can also sign up as a volunteer, if they still want to help but don't want to compete. MedWAR will be taking place **Saturday, March 23rd, 2019** at Newport News Park.”

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CHKDs 4th Annual Pediatric Trauma Conference is open for registration!!

On-site registration for EMS credit. Register [HERE](#)



Pediatric Trauma Conference

May 17, 2019
8 a.m. to 5 p.m.

The Westin
Virginia Beach Town Center
4535 Commerce Street
Virginia Beach, Virginia 23462

Earn up to 7 AMA PRA Category 1 Credits™
7 Contact Hours for Nurses

ACGME Competencies/Desirable Physician Attributes: Medical knowledge, patient care, systems-based practice.

Provided by



Register at CHKD.org/CME

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28th Annual Hampton Roads

Trauma Symposium

COMMON THINGS, UNCOMMON INJURIES

4.26.2019
Williamsburg DoubleTree by Hilton

FOR MORE INFORMATION
757-612-7218
Emergency / Trauma Center, Lou Ann Miller
ONLINE REGISTRATION: www.riversideonline.com/hrts

Working Together To Serve Our Community

7
CME Credits

1 October Mass Shooting
Greg Cassell, Fire Chief, Las Vegas
Lessons learned from supporting your local hospitals, and the importance of having existing relationships in place before a disaster or attack strikes.

August 12, 2017 - Charlottesville, VA
Jeffrey Young, MD, MBA
Preparations for large gatherings with potential for violence, understanding the role of the trauma surgeon and trauma staff in disaster preparations, factors that may complicate an MCI response, and different tactical communication methods in MCIs.

What the Mental Health Field Still Gets Wrong About Critical Incident Stress Management
Mike Verano, LPC, LMFT, CEAP, DGC, CCSM
Components of trauma informed care and their relationship to CISM, 3 common misconceptions of CISM and the negative impact on trauma recovery, and benefits of connecting psychological first aid with trauma therapy.

Trauma 360° Patient Case Review
Jeremy LeFever, Matt Sikora, Abigail EMS Jay Coble, PT, DPT and Scott Reed, MD
Better appreciation of the number and specialties involved in trauma care and better understand their individual role in the continuum of patient care, gain insight into what patients remember and feel was important during their experience on the trauma service.

Who's Sick and How to Tell?
Scott Reed, MD
Better appreciate the challenges of triage, including over and under triage, understand the difference between diagnosis, severity of injury and outcomes, and better understand how data points can help or hinder your assessment of the trauma patient.

It's Never OK - Violence in Emergency Medicine
Robin J. Davis, NRP
Raise awareness of EMS/Nursing staff to the growing trend of violence in our industry, identify pre-attack indicators, discuss various ways of verbal de-escalation.

Gangs 101
Jeffrey Blaisdell, Organized Crime Unit, Newport News Police Department
Discuss issues relating to Gangs, discuss Gang presence in the Hampton Roads area, discuss issues relating to the care of a Gang member, and discuss safety issues involving the presence of a Gang member in the facility.

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We would LOVE your contributions!

Do you have events to share on our future calendar?
Have an idea for a story? Questions? Compliments?
Other input?

Contact us!

vbrescuecouncil.org/submission

IT'S NEW, IMPROVED AND IT NEEDS YOU!

We are pleased to announce that **Rescue Lines** is undergoing a makeover to make it more relevant than ever! **Rescue Lines** will now be sent directly to your email on a monthly basis and will be expanded to include critical VBEMS updates. On a quarterly basis, we will include stories from **Rescue Lines** in a downloadable PDF version which can be printed and shared or sent digitally to donors, family and friends. Printed copies of the quarterly version can be requested free of charge from EMS; contact VBEMS at

RescueLines@vbrescuecouncil.org for guidelines, requests and further details. Every month, **Rescue Lines** will also feature a special offer or giveaway for rescue personnel, so be certain to open it.

WE NEED YOUR HELP. This newsletter is not only created for you, but also created by you! In the new and improved **Rescue Lines**, we would like to take a month to individually spotlight each Squad, the VBEMS Personnel and the Specialty Teams in the **SQUAD SPOTLIGHT**.

We hope you will read, enjoy and contribute to your newsletter.

\$100 Gift Card WINNER!

Jacob Bush

Just for being a part of this group you will be automatically entered into a drawing each month! Be sure to check every newsletter for all the news you need to know and to see if you are the lucky WINNER!

If you are the winner, contact Mary-Ellen McLean, Program Officer, VBRSF, Phone number: (757) 437-4830 or email address: mmclean@vbrescuefoundation.org to collect your prize!

Members are eligible to win each month, but can only be a prize winner once per year.

Newsletter approved by



Newsletter sponsored by

